

On-Line Stage 1 Continuity of Learning



Instructions:

Each day you will have a variety of activities to do. All of the activities that you need to complete can be done at home and are to be written in your exercise book. Online activities will be available for students who have access to technology, there will be alternatives for students who do not have access.

Please ask your parents for help to complete activities or ask your teacher on **ClassDojo** or **SEESAW** during school hours 9:00 am- 3:00 pm.

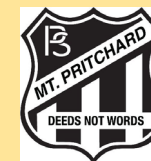
Week 1

Sessions	Monday	Tuesday	Wednesday	Thursday	Friday
Task	Have a go at tying up your shoes.	Can you help make dinner tonight?	Have you cleaned your teeth in the morning and at night?	Could you help bring in the clothes?	Are you able to help fold the clothes?
Morning Fitness 15 minutes	15 minutes of fitness every morning. Practise dribbling a ball with one hand. Write down how many times you can bounce it without stopping.	15 minutes of fitness every morning. Practise catching a ball with a parent/carer or a sibling.	15 minutes of fitness every morning. Do: 5 pushups 5 squats	15 minutes of fitness every morning. Have a run around your backyard. Now skip around your backyard.	15 minutes of fitness every morning.
Reading and Comprehension 30 minutes	Read your Home Reader or your own book. Discuss what happens in the Beginning, Middle, and End of the story.	Read your Home Reader or your own book. Who are the characters in the book? What is the problem (complication) in the story? How is the problem solved (resolution).	Read your Home Reader or your own book. What are 3 interesting things about your book that you can discuss with your parents/carer.	Read your Home Reader or your own book. If you could change the ending, how would you change it?	Read your Home Reader or your own book. What would you like to ask the author/one of the characters?

Writing 60 minutes	What did you do on the weekend? Try and include who, when, where, why, what.	Write a narrative (story) using this starter: <i>"What on earth are you doing up there?" mum exclaimed.</i>	What can you see out your window or door? Use adjectives (describing words) when you write what you can see.	Write a list of food you would like for a dinner. Think of a main dish and a dessert.	Write a letter to a friend using some of your spelling words.
Break					
Story on-line to listen to 15 minutes	Carla's sandwich https://www.storylineonline.net/books/carlas-sandwich/	When a dragon moves in https://www.storylineonline.net/books/when-a-dragon-moves-in/	Arnie the Doughnut https://www.storylineonline.net/books/arnie-the-doughnut/	Snappy the Alligator https://www.storylineonline.net/books/snappy-the-alligator/	Clark the Shark https://www.storylineonline.net/books/clark-the-shark/
Mathematics 60 minutes	Go on a shape hunt around your home. Can you find three of each shape in a different location. Look for triangles, squares, circles, hexagons and octagons. Draw the different shapes you find in your exercise book. You can make shapes using toothpicks, paddlepop sticks or sticks. Glue them in your book. Play shape sorter .	Play a game with a partner. Use a deck of playing cards (or make a set of cards from 0-10). Take out the jacks, queens, kings and jokers. An ace equals 1. Shuffle the cards. Lay them out in a grid with 4 rows and with 4 cards in each row. Put the left-over cards in a pile. Take it in turns to flip over two cards, looking for combinations that add to make 10 (Friends of 10). If you found a pair, take the two cards and record the combination you found in your exercise	Pattern hunt: What patterns can you find in and around your house? Record the patterns you found in your exercise book by drawing them. Ask someone to help you describe your favourite pattern. Play look at a pattern .	Length Use a pencil, pen, a block or paddle pop sticks to measure five of your favourite toys. Measure how tall your toys are. Order them from shortest to tallest. Draw your toys in order in your exercise book..	Volumes and surface areas Ask your family if you can use five containers, bottles, cups and bowls for an investigation. Estimate which container will hold the most rice (or pasta, dried beans, or water)? Order your containers the most to the least. Draw the cups in order in your maths book. Test your idea. Pour things from one container to another one, or use a measuring cup, to check your estimate. Order the containers from the one that holds the most to the

		book. Take two new cards from the pile. If unsuccessful, turn the cards face down. When as many cards have been matched as possible, work out your total score by adding up the value of all your cards. The person with the highest score is the winner.			one that holds the least. Draw your observations in your maths book. Was your estimate correct?
Break					
Afternoon 60 minutes	<p>Geography What is the weather like today? Describe it to a family member.</p> <p>Predict what you think the weather will be like tomorrow. Tell your family member.</p> <p>Bureau of Meteorology http://www.bom.gov.au/ns/w/forecasts/sydney.shtml</p> <p>Use the <i>Bureau of Meteorology</i> website to check the weather for today. What is the temperature? Are they predicting rain?</p>	<p>Science Observe the weather for the rest of the week. Draw and write about the weather each day. What activities could you do in the weather today? What clothes would you need to wear? What indoor and outdoor activities could you do in different types of weather.</p> <p>Write them in your exercise book.</p>	<p>History Technology has changed a lot over time. From this list, choose one example of technology that has changed.</p> <ul style="list-style-type: none"> ● Phone ● Computer ● Car ● TV ● Radio <p>Talk to your parents/grandparents about what the technology was like when they were children. Identify similarities and differences between the old and the new technology.</p>	<p>Creative Arts Create a piece of music using only recycled materials or furniture or other things in your house that have unique sounds. Let your imagination go wild. Record your piece of music to share with the class later, or play your composition to your family.</p>	<p>PDHPE Create a poster showing how to be sun-safe. Think about these things:</p> <p>Slop on sunscreen. Slap on a hat, Slip on a shirt, Seek the shade, Slide on your sunnies.</p>

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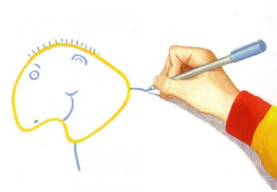
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Week 2

Sessions	Monday	Tuesday	Wednesday	Thursday	Friday
Task	Make your bed when you get up.	Tidy your room. Are all of your toys put away?	Help make lunch for everyone.	Help with doing the dishes after dinner.	Practise tying your shoelaces. Are you any better?
Morning Fitness 15 minutes	15 minutes of fitness every morning Write down how many push ups you can do. Try and do one more everyday. Write down how many you reach each day.	15 minutes of fitness every morning See how many times you can hop on one foot without falling. Then hop on the other foot. Try 3 times for each foot. Which foot was better? What was the difference between your left and right foot?	15 minutes of fitness every morning Think of 5 warm up moves we have done in sport this term. Teach them to someone at home.	15 minutes of fitness every morning Stand with your feet together. Jump as far forward as you can. How far did you jump? Try 10 times and see which jump was the longest.	15 minutes of fitness every morning Do this circuit 3 times: - 5 star jumps - 5 push ups - 5 sit ups
English Reading	Read your Home Reader or your own book.	Read your Home Reader or your own book.	Read your Home Reader or your own book.	Read your Home Reader or your own book.	Read your Home Reader or your own book.

<p>20 minutes Spelling 30 minutes</p>	<p>Read your spelling words. Choose a spelling list.</p> <p>Use magazines or newspapers to cut out the letters or pictures you need to spell your words. Glue in your exercise book.</p>	<p>Read your spelling words. Choose a different spelling list.</p> <p>Write your words in different colours in your exercise book.</p>	<p>Read your spelling words. Choose a different spelling list.</p> <p>Air trace your spelling words with your finger.</p>	<p>Read your spelling words. Choose a different spelling list.</p> <p>Write sentences in your exercise book using all of the words from the list.</p>	<p>Read your spelling words.</p> <p>Choose ten spelling words and play charades with them.</p>
<p>Writing 60 minutes</p>	<p>Imagine that dogs take over the world. What do they make the humans do?</p>	<p>If you could have any secret super power, what would you want it to be and why?</p>	<p>If you could be any animal in the world. What would you be? Why?</p>	<p>Imagine a giant box is delivered to your front doorstep with your name on it. What's inside and what happens when you open it?</p>	<p>Write a letter to your teacher. Use some of your spelling words.</p>
Break					
<p>Story on-line to listen to 20 minutes</p>	<p>Here comes the garbage barge https://www.storylineonline.net/books/garbage-barge/</p>	<p>Quackenstein Hatches a Family https://www.storylineonline.net/books/quackenstein/</p>	<p>Wombat Stew https://www.youtube.com/watch?v=FiOCmgRQuw8&t=43s</p>	<p>Sylvester and the Magic Pebble https://www.storylineonline.net/books/sylvester-magic-pebble/</p>	<p>The house that Jane built https://www.storylineonline.net/books/house-that-jane-built/</p>
<p>Mathematics 60 minutes</p>	<p>Ask each member of your family what their favourite colour is. Show their answers in a picture graph.</p>	<p>Make a paper airplane. Measure how many steps the plane flies. Try a new design to see if you can beat that distance.</p>	<p>Draw or write all the different ways you can make \$1.</p> <p>\$ 2. 50¢ 10¢</p>	<p>Imagine you're looking out a window. You see 10 legs. What is walking by? Answer: I see 5 people walking by. - You see 4 legs. What is walking by? - You see 8 legs. What is walking by?</p>	<p>There are 10 flowers in your garden. Colour half of them blue and colour the other half orange.</p> <p>Can you write a number sentence about the flowers in your garden?</p>
Break					

<p>Afternoon 60 minutes</p>	<p>Geography What is the weather like today? Describe it to a family member. Did the weather change throughout the day? Describe how it changed by drawing three pictures: weather in the morning, midday and afternoon.</p>	<p>Science and Technology Set up two plastic cups with the same number of ice cubes and place them in different places to see what happens. Tell a family member your prediction (what you think will happen). Write and draw your observations of what has happened.</p>	<p>Creative arts Make a musical instrument out of recycled materials. Can you write a song to go with the music?</p>	<p>The shape game Play the shape game with a parent or sibling. Draw a shape or a squiggly line. Your parent/carer or sibling has to turn it into a picture.</p> 	<p>Creative Arts Trace your hand in your exercise book. Write your name on the palm of your hand. On your 5 fingers write something about yourself. For example, <i>I am good at soccer</i>. Around your hand, draw pictures of the things you are good at.</p>
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